

Dementia: Can we reduce the risk?



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September 2014 marks the third global [World Alzheimer's Month](#) [1], an international campaign to raise awareness and challenge stigma.

Alzheimer associations around the world will focus their campaigns on advocacy and awareness with information provision, Memory Walks, media appearances and free memory screenings taking place across the globe.

The theme this year is '*Dementia: Can we reduce the risk?*', focusing on ways we may be able to help reduce our risk of developing dementia with brain healthy lifestyles.

Close to World Alzheimer's Day (21 September), Alzheimer's Disease International (ADI) will publish the 2014 World Alzheimer Report which will also look at risk reduction and prevention of dementia.

To find an event in your country please contact your [local Alzheimer association](#). [2]

Photo courtesy of Alzheimer's Disease International, World Alzheimer Report 2013

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Enlaces

[1] <http://www.alz.co.uk/world-alzheimers-month>

[2] <http://www.alz.co.uk/associations>