

Depression: the leading cause of ill health and disability worldwide

Idioma Undefined

Depression is the leading cause of ill health and disability worldwide. According to the latest estimates from WHO, more than 300 million people are now living with depression, an increase of more than 18% between 2005 and 2015.

Lack of support for people with mental disorders, coupled with a fear of stigma, prevent many from accessing the treatment they need to live healthy, productive lives.

The new estimates have been released in the lead-up to World Health Day on 7 April, the high point in WHO's year-long campaign "Depression: let's talk". The overall goal of the campaign is that more people with depression, everywhere in the world, both seek and get help.

Mental and neurological disorders, diverse in problems and symptoms, affect thoughts, emotions, behaviour and relationships. Depression can be experienced in isolation, or as co-morbidities with other noncommunicable diseases.

Read full press release via the link below.

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