

Harmful use of alcohol kills more than 3 million people each year, most of them men

Langue Anglais

More than 3 million people died as a result of harmful use of alcohol in 2016, according to a report released by the World Health Organization (WHO) today. This represents 1 in 20 deaths. More than three-quarters of these deaths were among men. Overall, the harmful use of alcohol causes more than 5% of the global disease burden.

WHO's "[Global status report on alcohol and health 2018](#)" [1] presents a comprehensive picture of alcohol consumption and the disease burden attributable to alcohol worldwide. It also describes what countries are doing to reduce this burden.

“Far too many people, their families and communities suffer the consequences of the harmful use of alcohol through violence, injuries, mental health problems and diseases like cancer and stroke,” said Dr Tedros Adhanom Ghebreyesus, Director-General of WHO. “It’s time to step up action to prevent this serious threat to the development of healthy societies.”

Of all deaths attributable to alcohol, 28% were due to injuries, such as those from traffic crashes, self-harm and interpersonal violence; 21% due to digestive disorders; 19% due to cardiovascular diseases, and the remainder due to infectious diseases, cancers, mental disorders and other health conditions.

Read the full press release from WHO [here](#) [2]

Post Date: Friday, 21 septembre, 2018

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[1] https://ncdalliance.org/sites/default/files/resource_files/9789241565639-eng.pdf

[2] <http://www.who.int/news-room/detail/21-09-2018-harmful-use-of-alcohol-kills-more-than-3-million-people-each->

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