

Sugar papers reveal industry role in shifting national heart disease focus to saturated fat

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A newly discovered cache of industry documents revealed that the sugar industry began working closely with nutrition scientists in the mid-1960s to single out fat and cholesterol as the dietary causes of coronary heart disease and to downplay evidence that sucrose consumption was also a risk factor.

An analysis of those papers by researchers at UC San Francisco appears September 12, 2016, in JAMA Internal Medicine.

Read UCSF (Center for Tobacco Control, Research and Education) press release on the paper via the link below.

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Related Link: [UCSF press release](#) [1]

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[1] <http://tobacco.ucsf.edu/sugar-papers-reveal-industry-role-shifting-national-heart-disease-focus-saturated-fat>