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## Expected impact of the sugar sweetened beverages tax in Mexico

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Langue Anglais

This study explores answers to the question: 'What effect on body mass index, obesity and diabetes can we expect from the 1-peso-per-litre tax to sugar sweetened beverages in Mexico?'

Articles et études de cas

 [PLOS\\_Tonatiuh Barrientos Mayo 2017.pdf](#) [1]

1 mai, 2017

**Resource Section:** Civil Society Resource Library

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### Extended Description:

This study explores the impact of the 1-peso-per-litre tax to sugar sweetened beverages in Mexico. It argues that:

- Ten years after the implementation of the tax, a **2.54% reduction in obesity prevalence** is expected.
- People in the **lowest level of socioeconomic status** and those between **20 and 35 years of age** showed the largest reductions in BMI and overweight and obesity prevalence.
- Simulations show that by 2030, under the current implementation of 1-peso-per-litre, the tax would **prevent 86 to 134 thousand cases of diabetes**.
- Overall, the 2-peso-per-litre scenario is expected to produce **twice as much of a reduction**.

**Related Resource:** [Case study: Advocating for Sugar-Sweetened Beverage Taxation in Mexico](#) [2]  
[The Implementation of Taxation on Sugar-Sweetened Beverages by the Government of Barbados](#) [3]  
[Taxes on Sugar-sweetened Beverages as a Public Health Strategy: The Experience of Mexico](#) [4]

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**Author:** [Tonatiuh Barrientos-Gutierrez, et al.](#) [10]

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[2] <https://old.ncdalliance.org/fr/node/8351>

[3] <https://old.ncdalliance.org/fr/node/8623>

[4] <https://old.ncdalliance.org/fr/resources/taxes-on-sugar-sweetened-beverages-as-a-public-health-strategy-the-experience-of-mexico>

[5] <https://old.ncdalliance.org/fr/taxonomy/term/1568>

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