Nutrition Policy Action to Save Lives: Trans Fat Free by 2023

Language English

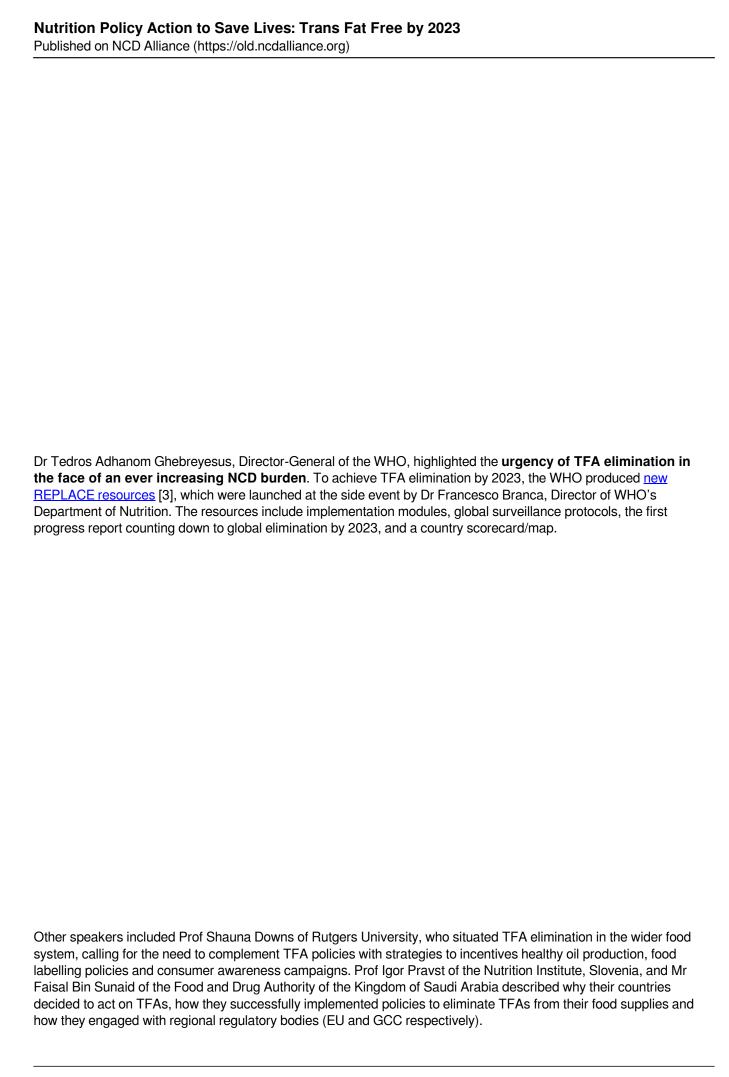


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To accelerate progress towards the global elimination of trans fatty acids (TFAs) by 2023, NCD Alliance and its partner Resolve to Save Lives [1] - an initiative of Vital Strategies - hosted a side event at the 72nd World Health Assembly on the elimination of TFAs on 22 May 2019.

As Dr Tom Frieden, President and CEO of Resolve to Save Lives, noted, industrially-produced trans fatty acids (TFA), common in baked goods, pre-packaged foods and some cooking oils, are **a major contributor to cardiovascular diseases (CVD) and noncommunicable diseases (NCDs) worldwide, estimated to cause over half a million deaths every year.** TFAs have no known health benefits and can be replaced in foods without impacting their consistency, taste and cost.

The NCD Alliance launched its report "<u>Trans Fat Free by 2023: Case Studies in Trans Fat Elimination</u> [2]" at the side event. The report presents **case studies of six countries in different regions of the world that have enacted policies to eliminate TFAs from their food supply.** The report provides best practices, lessons learned, and recommendations based on the experience of policy-makers, advocates, and researchers who were involved in the TFA elimination efforts of the case study countries.



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Download the report of the side event here [4]

Watch the video recording of the side event below:

Join us on Thursday 30 May 2019 for a webinar presenting proven strategies to advocate for and implement regulations to eliminate TFAs from the global food supply chain.

Post Date: Thursday, 23 May, 2019 Tags: <u>ultra-processed food</u> [5] Category - News: Announcements

Search Keywords: Trans fat, WHA, Dr Tedros, Replace **Related Resource:** <u>Trans Fat Free by 2023 Report</u> [6]

Related Link: Webinar on 30 May - Advocacy for trans fat elimination [7]

What works to eliminate trans fats from the food supply? [8]

Tag feed: ultra-processed food [5]

Source URL: https://old.ncdalliance.org/news-events/news/nutrition-policy-action-to-save-lives-trans-fat-free-by-2023

Links

- [1] https://www.resolvetosavelives.org/
- [2] https://ncdalliance.org/resources/TransFatFree2023Report
- [3] https://www.who.int/nutrition/topics/replace-transfat/
- [4] https://old.ncdalliance.org/sites/default/files/Report WHA%20side%20event%20TFAs 22%20May%202019.pdf
- [5] https://old.ncdalliance.org/taxonomy/term/97
- [6] https://old.ncdalliance.org/resources/transfatfree2023report
- $\label{lem:condition} \begin{tabular}{l} [7] https://ncdalliance.org/news-events/event/ncd-trailblazers-trans-fat-free-by-2030-advocacy-for-trans-fat-elimination \end{tabular}$
- [8] https://ncdalliance.org/news-events/news/what-works-to-eliminate-trans-fats-from-the-food-supply