

## Today is World Heart Day: Support #heartchoices

Language English

World Heart Day takes place on 29 September every year and is a change for people across the globe to take part in the world's biggest intervention against cardiovascular disease (CVD).

This year, the campaign focuses on creating **heart-healthy environments**. By ensuring that people are able to make heart-healthy choices wherever they live, work and play, World Heart Day encourages us all to reduce our cardiovascular risk, and promotes a heart-healthy planet for those around us.

There are many ways to get involved. Visit the [campaign website](#) [1] to know more.

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**Post Date:** Monday, 28 September, 2015

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**Tag feed:** [cardiovascular disease](#) [4]

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**Source URL:** <https://old.ncdalliance.org/news-events/news/today-is-world-heart-day-support-heartchoices>

### Links

[1] <http://worldheartday.org/>

[2] <http://www.world-heart-federation.org/>

[3] <https://old.ncdalliance.org/taxonomy/term/57>

[4] <https://old.ncdalliance.org/taxonomy/term/292>

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Published on NCD Alliance (<https://old.ncdalliance.org>)

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