

NCD Trailblazers: Trans fat free by 2023 - Advocacy for trans fat elimination

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Language English

Industrially produced trans-fatty acids have no known health benefits, and can be replaced with healthier alternatives. This webinar features different country experiences with proven strategies to reduce and eliminate exposure to artificial TFAs.

Webinars

1 June, 2019

Resource Section: Publications and Multimedia

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Extended Description: During our NCD Trailblazers webinar on 30 May, proven strategies to advocate for and implement trans fat regulations in different geographic regions and socioeconomic contexts were presented, drawing from the experiences of countries that have already implemented TFA limits or bans on partially hydrogenated oils (PHOs): Chile, Saudi Arabia, Slovenia, South Africa, Thailand and USA.

These countries are featured in NCD Alliance's case study report "[Trans Fat Free by 2023](#) [1]", launched at the 72nd World Health Assembly and presented at the webinar.

The webinar also drew from and showcased the work of the two grantees of NCD Alliance under NCD Alliance's grant received from Resolve to Save Lives (link is external), an Initiative of Vital Strategies: Mexico SaludHable (Mexico) and Heartfile (Pakistan) will present their advocacy work on TFA elimination, talking about their experience to date and recommendations to advocates interested to engage in TFA elimination in their countries.

Finally, the webinar aims to raise awareness and stimulate engagement of advocates with trans fat elimination, the WHO's REPLACE package (link is external) and resources, and available advocacy strategies to support countries in eliminating TFAs from the food supply by 2023.

Slides are available at '[My NCDA Hub](#) [2]'

Recording:

Please note that recordings and slides of this webinar are an exclusive benefit to NCDA members (full and associate) and partners. If you are not already a member or partner of the NCD Alliance, and would like to learn more about the benefits of being one, you can [learn more here](#) [3] or directly [apply here](#) [4].

We also offer a free engagement tier through network membership. Network members have free access to webinar recordings after 30 days. If interested in this option, you can apply directly [here](#) [5].

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Links

- [1] <https://ncdalliance.org/resources/transfatfree2023report>
- [2] <https://ncdalliance.org/user>
- [3] <https://ncdalliance.org/membership>
- [4] <https://ncdalliance.org/form/become-an-ncda-member>
- [5] <https://ncdalliance.org/form/become-a-network-member>
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