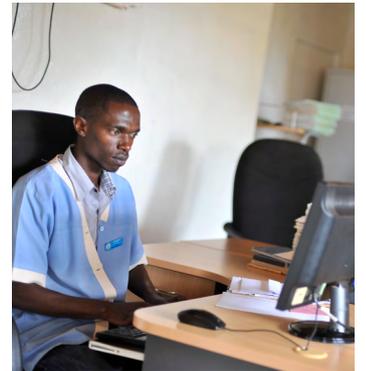





The NCD Café  
*Spirit of Partnership*

**How Can UHC Strengthen  
the NCD Response**



*Join us for these informal and interactive discussions on NCDs, multisectoral action and UHC during your breaks on 6 and 7 March 2019 during AMREF Africa Health Agenda International Conference 2019 taking place from 5-7 March 2019 in Kigali, Rwanda.*

The NCD Café welcomes you for a coffee or healthy snack whilst providing a unique platform for open discussions on key topics in the field of cardiovascular disease, NCDs and global health, with a focus on integration, partnerships and multidisciplinary experiences, facilitating a space for networking with prominent experts and thought leaders.

Noncommunicable diseases (NCDs), which include cardiovascular disease, diabetes, cancer, chronic respiratory diseases, and mental and neurological disorders, share common risk factors and health systems challenges; and also common solutions. A united response is therefore beneficial for all disease communities.

Accelerating progress towards universal health coverage (UHC) is essential to ensuring the health and wellbeing of all people. Approximately 100 million people are pushed into poverty every year as a result of out-of-pocket payments for health care, a large proportion of which are due to NCDs.

Yet, UHC remains a distant reality for many low- and middle- income countries (LMICs), where the NCD burden is impacting disproportionately. Out-of-pocket payments for NCD treatment and care trap poor households in cycles of catastrophic expenditure, impoverishment, and illness, particularly in countries lacking social protection and health insurance. Coverage and access (in terms of availability and physical access) to NCD services, including early diagnosis, treatment, and palliative care, are severely inadequate.

This NCD Café will provide the opportunity to discuss current challenges in the global health arena and other NCD and UHC topics in an open and engaging environment, with interactive sessions dedicated to open discussion between participants and speakers from all backgrounds, regions, and sectors. Join us and discuss with experts!

**The NCD Café can be found at the at the NCD Alliance's booth located in the Exhibition Hall of the Kigali Convention Centre.**

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## Wednesday, 6 March 2019

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**10:00-10:45**

### **SESSION 1**

#### **Bridging the Resource Gap for NCDs in Africa: Lessons Learnt in Unlocking Financing to Achieve UHC**

In Sub-Saharan Africa, NCDs will rise by 27% over the next 10 years in the region, resulting in 28 million additional deaths. By 2030, deaths from NCDs in Africa *“are projected to exceed deaths due to communicable, maternal, perinatal and nutritional diseases combined”* (WHO). Despite the burden, NCDs severely lack adequate, predictable and sustained financial resources at global and national levels. Few countries in Africa provide care for NCDs in their health benefits packages, and most care is financed out of pocket. Moreover, investment in NCD prevention is essential to limit the financial burden of unexpected costs from NCDs, particularly in SSA where health systems are less resilient.

Domestic financing forms the backbone of sustainable health care delivery, and a greater share of government expenditure on health must be mobilised to prevent and treat NCDs in line with the rising burden. At present, however, many countries remain dependent on external assistance to expand their health care services and provide adequate coverage to all. In the case of NCDs, external development assistance has equally been lacking. NCDs receive less than 1.3% of all development assistance for health (or \$475 million), even as people's health and economic well-being are increasingly harmed by NCDs.

#### **OBJECTIVES**

- Discuss the relevant financing sources that could be considered to close the resource gap for NCDs at national levels, depending on a country's disease burden and epidemiological conditions, fiscal capacity, existing donor relationships, strength of the private sector and other factors.
- Present successful approaches to enable access to NCDs prevention, treatment and care and how partnerships can be an essential mechanism to enable countries to achieve NCDs and UHC in Sub-Saharan Africa.

#### **MODERATOR**

**Dr Susan Henshall**

Director, C/Can 2025: City Cancer Challenge (Switzerland)

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**Dr Frasia Karua**

General Manager, Amref Enterprise (Kenya)

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**Mr Thibaud Lefort**

Head of Global Health Business, Sanofi (France)

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**Mr Paul Ebusu**

CEO, Uganda Cancer Society (Uganda)

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12:15-13:30

### SESSION 2

#### Putting People First: Integrating Lived Experiences to Accelerate Health System Strengthening for NCDs

NCDs impact families and communities by cutting lives short, disabling, impoverishing, and fuelling stigma and discrimination. In addition to human suffering, economies are also bearing the brunt of the NCD burden. To accelerate progress on NCDs, people must be at the heart of the NCD response, their views and voices considered and listened to, and the unique needs of young and displaced people should remain a priority for countries, civil society organisations, and governments.

However, people living with NCDs (PLWNCs) are often not meaningfully involved in policy formulation and programme development and this is particularly evident for vulnerable populations. From policymaking to awareness raising, clinical trials, academic research, advocacy, organisational governance, and more, people living with NCDs can contribute to many different facets of the NCD response. Promoting meaningful involvement entails recognising the importance of the contribution and creating a permissive environment for involvement.

#### OBJECTIVES

- Discuss the importance of capturing lived experiences in order to build a health response that addresses the real needs of people and provides efficient and affordable access to treatment, care and support for NCDs.
- Present successful examples where the meaningful involvement of PLWNCs had a positive impact in the NCD response (community, national and global levels).
- Explore how different stakeholders in the NCD response can be promoting meaningful involvement of PLWNCs in their work.

#### MODERATOR

**Dr Cristina Parsons Perez**

Director, Capacity Development, NCD Alliance (UK)

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**Ms Catherine Karekezi**

Medical Director, Kenya Diabetes Management and Information Centre, NCD Alliance Kenya (Kenya)

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**Mr John M. Gikonyo**

Founder and President of the Renal Patients Society of Kenya, Kenya (Kenya)

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**Mr James Pfitzer**

Director, Access Accelerated (Switzerland)

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12:15-13:30

### SESSION 3

#### Empowering the Health Workforce for NCDs: Maximising Multisectoral Partnerships to Tackle the Greatest Global Health Challenge of Our Time

Collaboration across societal sectors has emerged as one of the defining concepts of international development in the 21st century and partnership has grown to become an essential paradigm for NCDs. The fundamental core of good partnerships is their ability to bring together diverse resources in ways that can together achieve more: more impact, greater sustainability, increased value to all, all which being particularly relevant to address NCDs where resources are limited.

However, despite the ongoing discourse on the need for collaboration, we are still not seeing sufficient impact coming out of partnerships as an essential mechanism to enable countries to achieve NCDs and UHC. In particular, the health workforce is facing the challenge to answer to increasingly complex health issues in fragmented health systems. If we are to achieve the collective vision of a world where there is UHC for all people with NCDs, health systems will need to be based on solid primary healthcare (PHC), offering continuous care across interdisciplinary healthcare providers with a life-course approach.

#### OBJECTIVES

- Discuss the importance of multisectoral partnerships and relevant working models to empower health workers at primary healthcare level.
- Present case studies where multisectoral partnerships have leveraged the unique skills and resources across stakeholders to support health workers for NCDs in the African region.

#### MODERATOR

**Mr Chris Gray**

Senior Director, Global Health & Patient Access, Pfizer (United States)

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**Dr Agbo Urudinachi**

President, The Obesity Society of Nigeria (Nigeria)

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**Dr. Sanele Madela**

Chief Executive Officer, Expectra Health (South Africa)

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**Dr Renae Stafford**

Senior Technical Advisor for Academic and Clinical Services, Touch Foundation (Tanzania)

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**Ms Pauline Irungu**

Country Advocacy and Policy Manager, PATH (Kenya)

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This NCD Café is organised by the NCD Alliance's Supporters Group:

#### Founding federations



#### NGO partners



#### Corporate partners



#### Foundation partners



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