

# The Advocacy Agenda of People Living with NCDs in Kenya



## **Building of this Advocacy Agenda in Kenya**

The Advocacy Agenda of People Living with NCDs in Kenya is the result a two-day consultative process involving the voices of 52 people living with NCDs, representing diverse conditions along with over 50 diverse stakeholders engaged in the NCD response in Kenya.

In March 2018, the NCD Alliance partnered with the NCD Alliance of Kenya, under the aegis of a broader partnership with Access Accelerated, to advance the Our Views, Our Voices initiative in Kenya by seeking to meaningfully involve people living in the NCD response and channel the power of the lived experience into effective action against NCDs. 135 people, including people living with NCDs and caregivers, Kenyan Ministry of Health officials, Country First Ladies, NCD Alliance of Kenya members and other stakeholders met at a two-day national workshop to facilitate the meaningful involvement of people living with NCDs in the NCD policy-making and health systems strengthening processes as well as in civil-society led action on NCDs.

The Advocacy Agenda of People living with NCDs in Kenya has been developed through an iterative process based on discussions undertaken during the workshop and by identifying key 'asks' raised by people living with NCDs and caregivers. All workshop participants jointly reviewed the final draft of the Advocacy Agenda before it was presented.

### **© NCD Alliance Kenya**

**Edited by the NCD Alliance**

All pictures were taken at the first Kenya Multi Stakeholders Workshop on Communication and Advocacy for NCDs hosted by the NCD Alliance of Kenya in partnership with the NCD Alliance on March 21-22, 2018 in Nairobi, Kenya, bringing together over 130 diverse stakeholders in the NCD response in Kenya, including 52 people living with NCDs.

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# Preamble

**Thousands of Kenyans lose their lives to NCDs every year.**

Unless we take action, more people will continue to suffer and die.

We, people living with NCDs, must not be defined by our illnesses. We are defined by our strengths. We are individuals with rights, needs, hopes, responsibilities and aspirations. We have the right to lead productive lives and contribute to the development of our country.

We are individuals; families; communities. We are the experts of our conditions and experiences. We are drivers of change.

We are the movement.

NCDs affect all of us, rich or poor, across faiths, in all counties, cities, towns and villages alike. NCDs affect people.

As part of his Big 4 Action Plan, President Kenyatta has committed to dedicate energy, time and resources to ensure affordable healthcare for all. This is our time.

We do not wish to cultivate rhetoric. It is time for action and we stand united. Drawing strength from the diversity of our conditions, experiences and lessons learnt, we demand universal treatment, care and support for People Living with NCDs.

NCDs should not be a death sentence. Given the magnitude of the challenges ahead, inclusive partnerships are imperative. Nobody fails alone and nobody succeeds alone.

We call on all stakeholders to play their part in putting people first and catalysing change. Together, we can forge a healthy future for Kenya.

**Let us live positively; Let us stay alive**

# This is our Advocacy Agenda

## LEVEL

**UN system and multilateral organizations**  
**Global community**



## ADVOCACY ASKS

Create a space for active participation of PLWNCDs, particularly from low and middle-income countries at global decision-making forums

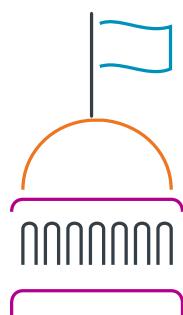
Call for a civil society hearing encouraging the meaningful involvement of PLWNCDs as part of the process leading up to the 2018 UN HLM on NCDs in September 2018

Establish a mechanism to hold Members States attending this meeting (2018 UN HLM) accountable for action on NCDs

Set-up financing mechanisms at a global level (like in the area of HIV/AIDS) - placing conditions that in order to receive grants, governments should invest some of their own funds into NCDs; UHC

Support and build capacity of national governments to actualize Universal Health Coverage; in-country resource mobilization and prioritization for NCDs

Ensure the accessibility and the affordability of drugs on the WHO/National essential medicine and technologies list

**LEVEL****National  
Government****ADVOCACY ASKS**

Enable meaningful involvement of PLWNCDs in decision-making processes including budget and planning processes

Develop an accountability framework for NCDs (developing a scorecard of sorts with its stakeholders including CSOs)

Develop costed strategic framework for NCDs with an M&E plan

Adopt a 'Health in All' approach in policy-of Finance, Ministry of Agriculture, Ministry of Trade and Industry, Ministry of Transport and Infrastructure, Ministry of Labour and Ministry of Environment etc) coordination for NCDs at high level

Ministry of Education to ensure inclusion of NCDs in curriculum

Implement the Disability Act and ensure access to services including assistive devices

Create healthy environments (i.e. schools, workplaces)

Develop comprehensive packages for PLWNCDs under NHIF and other insurance schemes

Ensure the accessibility and the affordability of drugs on the WHO/ National essential medicine and technologies list

Swift formation of a food and drug regulatory authority under the Health Act 2017

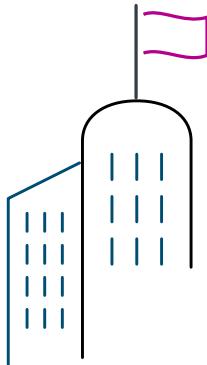
Enable access to affordable, fresh, safe, and nutritious food

Address discrimination against PLWNCDs at workplaces

Strengthen surveillance system for all NCDs

Invest in and prioritize research on NCDs, and finding locally-relevant solutions

Develop registries for all NCDs

**LEVEL****County Governments****ADVOCACY ASKS**

- Prioritize NCDs in the County Integrated Development Plans
- Include NCDs in the county budget and allocate resources for NCD prevention
- Utilize all available community structures for education (e.g. religious gatherings, barazas, CHVs, schools etc)
- Call on County First Ladies to champion NCDs
- Equip PLWNCDs groups with appropriate tools, skills, and resources
- Enable meaningful involvement of PLWNCDs in decision-making and review processes including budget and planning processes
- Facilitate youth involvement through youth-friendly structures at the county level
- Implement surveillance system for difference NCDs
- Develop registries for all NCDs
- Implement the Disability Act at the county level and ensure access to services including assistive devices

**LEVEL****Ministry of Health  
National and County****ADVOCACY ASKS**

- Ensure availability of good quality and timely care at the lowest level of the health system (Levels 1 and 2)
- Undertake disease management education, and counselling for self-care skills for those with NCDs
- Integrate NCDs screening into care and treatment at all levels
- Clinicians to be advocates for PLWNCDs
- Build capacity of the health workforce to appropriately diagnose and treat NCDs
- Strengthen referral systems
- Decongest tertiary care by strengthening primary care at county level
- Invest in mass-media campaigns

## LEVEL

### Civil Society Organizations



## ADVOCACY ASKS

Raise awareness on NCDs

Utilize national and counties assemblies as platforms to ensure accountability of NCDs

Provide platforms for PLWNCDs to voice their testimonies

Cultivate PLWNCDs to serve as champions of the cause at all levels (global, regional, national and sub-national levels)

Build capacities of PLWNCDs to be strong advocates and spokespersons

Inform government efforts to include NCDs in educational programmes

Equip PLWNCDs with the knowledge and skills to navigate government decision

## LEVEL

### Legislators

#### Senate, National, County Assemblies



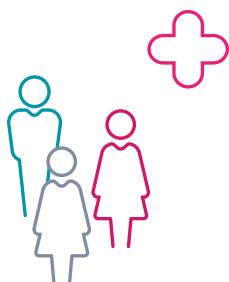
## ADVOCACY ASKS

Call for a single Act on prevention and control of NCDs

Ensure coherent and integrated legislation for NCDs

## LEVEL

### PLWNCD groups and individuals



## ADVOCACY ASKS

Offer Peer-to-peer support at various levels

Coordinate with health workers and health facilities to avoid duplication of efforts to maximize resources

Break silence and address stigma and discrimination

Adhere to treatment and self-management good practices

Harness power of personal testimonies

Take any opportunity available to champion the NCDs agenda

Power Drive change at the household level

## LEVEL

### Business Community



## ADVOCACY ASKS

Forge Long-term commitment to support NCDs

Establish Workplace wellness programmes

**Private insurance** • Explore models to ensure insurance coverage for PLWNCDs

**Pharma** • Reduce the cost of treatment to enable access to the poor  
• Support health system strengthening  
• Support empowerment of PLWNCDs  
• Invest in evidence generation and use

**Employers** • Job security  
• Negotiate for better insurance packages for their employees

## Acknowledgements

The **Advocacy Agenda of People Living with NCDs in Kenya** was developed as a part of NCD Alliance's partnership with the NCD Alliance of Kenya to advance the *Our Views, Our Voices* initiative by the NCD Alliance at the national level and promote the meaningful involvement of people living with NCDs in the NCD response in Kenya.

A partnership between NCD Alliance and Access Accelerated made the two-day national workshop in Nairobi on March 21-22, 2018 possible, at which the **Advocacy Agenda of People living with NCDs in Kenya** was built and presented. We wish to thank those people living with NCDs who so kindly shared their views to build this agenda. The partnership with Access Accelerated aims to promote the meaningful involvement of people living with NCDs under the aegis of the *Our Views, Our Voices* initiative and to help address access barriers to NCD medicines in low-income and lower-middle income countries. The Advocacy Agenda of People living with NCDs in Kenya is an effort of the NCD Alliance of Kenya to adapt the Advocacy Agenda of People living with NCDs developed by the NCD Alliance in 2017 with the generous input of 1,893 people living with NCDs who shared their perspectives and experiences and took part in the *Our Views, Our Voices* consultation efforts.

Dr Eva Njenga, Dr Mary Nyamongo, Dr Catherine Karekezi, Catherine Munaji, and Muthoni Mwaura of the NCD Alliance of Kenya were involved in synthesizing the workshop discussions and organizing the key 'asks' of people living with NCDs and caregivers into the first draft of the **Advocacy Agenda of People Living with NCDs in Kenya**, which was reviewed by all workshop participants before being finalized.

The **Advocacy Agenda of People living with NCDs in Kenya** has received the inputs and contributions of Cristina Parsons Perez, Tiphaine Lagarde and Manjusha Chatterjee at the NCD Alliance. The Advocacy Agenda of People living with NCDs is available on the NCD Alliance website [here](#).

The NCD Alliance of Kenya thanks the East Africa NCD Alliance for introducing the *Our Views, Our Voices* initiative in Kenya.

### Acronyms

|                |  |
|----------------|--|
| <b>CHV</b>     | Community Health Volunteer                   |
| <b>CSOs</b>    | Civil society organizations                  |
| <b>M&amp;E</b> | Monitoring & Evaluation                      |
| <b>NCDs</b>    | Non-communicable diseases                    |
| <b>PLWNCDs</b> | People living with non-communicable diseases |
| <b>UHC</b>     | Universal Health Coverage                    |
| <b>UN HLM</b>  | United Nations High Level Meeting            |
| <b>WHO</b>     | World Health Organization                    |



# Ajenda ya Utetezi kwa Watu Wanaoishi na Magonjwa yasiyo ya Kuambukiza nchini Kenya



## Kujenga hii Ajenda ya Utetezi nchini Kenya

Ajenda ya Utetezi kwa Watu Wanaoishi na Magonjwa Yasiyo ya Kuambukiza nchini Kenya ni matokeo ya mchakato wa ushauri wa siku mbili unaohusisha sauti ya watu 52 wanaoishi na magonjwa yasiyo ya kuambukiza, wakiwakilisha hali tofauti pamoja na wadau zaidi ya 50 wanaoshughulika na magonjwa yasiyo ya kuambukiza nchini Kenya.

Mnamo Machi 2018, *Muungano wa Taasisi za Magonjwa Yasiyo ya Kuambukiza* ulishirikiana na *Muungano wa Taasisi za Magonjwa Yasiyo ya Kuambukiza nchini Kenya*, chini ya upeo wa ushirikiano mpanga wa *Access Accelerated*, ili kuendeleza mpango wetu wa *Maoni Yetu, Sauti Yetu* nchini Kenya, kwa kuzingatia uwashirikishwaji kwa kikamilifu watu wanaoshughulika na ma magojwa yasiyo ya kuambukiza, na kuelekeza ule uwezo wa ushuhuda katika hatua mwafaka dhidi ya magojwa yasiyo ya kuambukiza.

Watu 135, ikiwa ni pamoja na watu wanaoishi na magojwa yasiyo ya kuambukiza na wahudumu, Wizara ya Afya ya Kenya, Wake wa kwanza wa makaunti nchini Kenya, wanachama wa *Muungano wa Taasisi za Magonjwa Yasiyo ya Kuambukiza nchini Kenya* na wadau wengine walikutana katika semina ya kitaifa ya siku mbili ili kuwezesha ushirikishwaji wa watu wanaoishi na magojwa yasiyo ya kuambukiza katika kuunda sera na mchakato wa kuimarisha mifumo ya afya, na vilevile katika hatua zinazohusisha magojwa yasiyo ya kuambukiza – zinazoongozwa na mashirika ya kijamii.

Ajenda ya Utetezi ya Watu Wanaoishi na Magojwa Yasiyo ya Kuambukiza nchini Kenya imeandaliwa kupitia mchakato wa kuingiliana kutokana na majadiliano yaliyotolewa wakati wa warsha na kwa kutambua 'maswala' muhimu yaliyototolewa na watu wanaoishi na magonjwa yasiyo ya kuambukiza na walezi. Washiriki wote katika hii washa walipitia upya rasimu ya mwisho ya Ajenda ya Utetezi kabla ya kuwasilishwa.

### © NCD Alliance Kenya

Imehaririwa na *Muungano wa Taasisi za Magonjwa Yasiyo ya Kuambukiza*.

Picha zote zilichukuliwa katika Warsha ya kwanza ya Wadau mbalimbali ya Kenya kuhusu Mawasiliano na Utetezi kwa magojwa yasiyo ya kuambukiza ilioandaliwa na *Muungano wa Taasisi za Magonjwa Yasiyo ya Kuambukiza nchini Kenya* kwa ushirikiano na *Muungano wa Taasisi za Magonjwa Yasiyo ya Kuambukiza* mnamo Machi tarehe 21-22, mwaka wa 2018 hapa Nairobi, Kenya, ikileta pamoja zaidi ya wadau 130 mbalimbali katika shughuli ya magojwa yasiyo ya kuambukiza, ikiwa ni pamoja na watu 52 wanaoishi na magojwa yasiyo ya kuambukiza.

Mpiga picha: KimaruTepeny

Kubuni na mpangilio: Mar Nieto

Imetafsiriwa na: Joel Momanyi Osimo (*Muungano wa Taasisi za Magonjwa Yasiyo ya Kuambukiza*)

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# Utangulizi

Maelfu ya Wakenya hypoteza maisha yao kwa magonjwa yasiyo ya kuambukizwa kila mwaka. Tusipochukua hatua, watu wengi wataendelea kuteseka na kupoteza maisha.

Sisi, Watu Wanaoishi na Magonjwa yasiyo ya Kuambukiza nchini Kenya , hatupaswi kutambulika na maradhi yetu. Tunatambulika na nguvu zetu . Sisi ni watu wenye haki, mahitaji, matumaini, wajibu na matarajio. Tuna haki ya kuishi maisha mazuri na kuchangia katika ustawi wa nchi yetu.

Sisi ni watu binafsi; ni jamaa na pia ni jamii. Sisi ni wataalamu wa hali na uzoefu wetu. Sisi ndio madereva ya mabadiliko.

Sisi ni harakati.

Magonjwa yasiyo ya Kuambukiza huathiri sisi sote, matajiri kwa maskini, katika imani zote, katika wilaya zote, miji, miji na vijiji pia. Magonjwa yasiyo ya Kuambukiza huathiri watu wote.

Kama sehemu ya mpango wake mkubwa wa utekelezaji wa Ajenda 4, Rais Uhuru Kenyatta amejitolea mhanga kwa nguvu, muda na rasilimali ili kuhakikisha huduma za afya za gharama nafuu kwa wote . Huu ndio wakati wetu.

Hatungependa kufanya siasa. Ni wakati wa kuchukua hatua na tunasimama umoja. Tukitoa nguvu kutokana utofauti wa hali zetu, uzoefu na masomo yaliyojifunza, tunahitaji matibabu ya kila siku, huduma na msaada kwa Watu wanaoishi na Magonjwa yasiyo ya Kuambukiza.

Magonjwa yasiyo ya Kuambukiza hayapaswi kuwa ni hukumu ya kifo. Kutokana na ukubwa wa changamoto zilizo mbele yetu, ni lazima kuwa na ushirikiano wa pamoja. Hakuna mtu anayeshindwa akiwa peke yake na hakuna mtu anayefanikiwa akiwa peke yake.

Tunatoa wito kwa wadau wote kushiriki sehemu yao katika kuweka watu kwanza na kuleta mabadiliko. Pamoja, tunaweza kuunda maisha bora ya baadaye kwa chi yetu.

**Tuishi vizuri; Tuwe hai**

# Hii ndio Ajenda yetu ya Utetezi

## KIWANGO

### Mfumo wa Umoja wa Mataifa na na Mashirika ya Kimataifa

Jumii ya Kimataifa



## UTETEZI UNAOMBA

Kuundaa nafasi ya ushirikishaji wa Watu Wanaoishi na Magonjwa yasiyo ya Kuambukiza, hususan kutoka nchi za mapato ya chini na ya wastani katika vikao vya kimataifa vya maamuzi.

Wito wa kusikilizwa kwa mashirika ya kijamii katika kuhimiza ushirikisho wa maana wa Watu Wanaoishi na Magonjwa yasiyo ya Kuambukiza kama sehemu ya mchakato wa Mkutano wa Ngazi ya juu wa Umoja wa Mataifa (UN HLM) wa 2018 kuhusu Watu Wanaoishi na Magonjwa yasiyo ya Kuambukiza kwenye mwezini Septemba 2018.

Kuanzishwa kwa utaratibu wa kuwajibika kwa Wanachama wa Mataifa wanaohudhuria mukutano huu (2018 UN HLM) wanajibika kwa hatua juu ya Magonjwa yasiyo ya Kuambukiza.

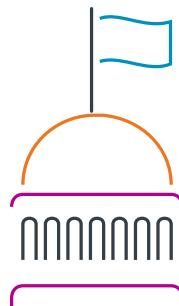
Kuundwa kwa mifumo ya ufadili katika kiwango cha kimataifa (kama vile katika kupigana na VVU /UKIMWI) - kuweka masharti kwamba ili kupokea misaada, serikali zinapaswa kuwekeza baadhi ya fedha zao wenyewe katika Watu Wanaoishi na Magonjwa yasiyo ya Kuambukiza; UHC

Kusaidia na kujenga uwezo wa serikali za kitaifa ili kutoa Huduma ya Afya kwa Wote; uhamasishaji wa rasilimali za nchi na kipaumbele kwa Watu Wanaoishi na Magonjwa yasiyo ya Kuambukiza.

Kuhakikisha upatikanaji na bei nafuu ya madawa yaliyo kwenye orodha ya Shirika la Afya Duniani na ya kitaifa ya madawa na teknolojia muhimu.

## KIWANGO

### Serikali ya Kitaifa



## UTETEZE UNAOMBA

Kuwezesha ushirikishwaji wa maana wa Watu Wanaoishi na Magonjwa yasiyo ya Kuambukiza katika mchakato wa kufanya maamuzi ikiwa ni pamoja na mchakato wa bajeti na mipango

Kubuni mfumo wa uwajibikaji wa Magonjwa yasiyo ya Kuambukiza (kubuni kadi ya alama na wadau wake ikiwa ni pamoja na Mashirika ya kijamii)

Kuendeleza mfumo wa kimkakati wa gharama za Magonjwa yasiyo ya Kuambukiza na mpango wa Ufutiliaji & Tathmini.

Kuiga sera 'Afya katika Yote' katika uratibu wa Magonjwa yasiyo ya Kuambukiza katika ngazi ya juu katika Wizara aa Fedha, Kilimo, Biashara na Viwanda, Usafiri na Miundombinu, Kazi na Wizara ya Mazingira nk).

Wizara ya Elimu kuhakikisha kuingizwa kwa Magonjwa yasiyo ya Kuambukiza katika mtaala.

Kutetekelawa kwa Sheria ya Ulemavu na kuhakikisha upatikanaji wa huduma ikiwa ni pamoja na vifaa nya kusaidia

Kuunda mazingira mazuri (yaani shuleni, kazini)

Kubuni mfuko wa kina wa matibabu chini ya Mfuko wa Taifa wa Bima ya Hospitali (NHIF) kwa Watu Wanaoishi na Magonjwa yasiyo ya Kuambukiza na mipango mingine ya bima

Kuhakikisha upatikanaji na bei nafuu ya madawa yaliyo kwenye orodha Shirika la Afya Duniani na ya kitaifa ya madawa na teknolojia muhimu.

Uundai wa haraka wa Mamlaka ya Chakula na Dawa chini ya Sheria ya Afya 2017

Kuwezesha upatikanaji wa chakula kwa bei nafuu, safi, salama, na chalishe bora

Kushughulikia ubaguzi dhidi ya Watu Wanaoishi na Magonjwa yasiyo ya Kuambukiza kwenye maeneo ya kazi

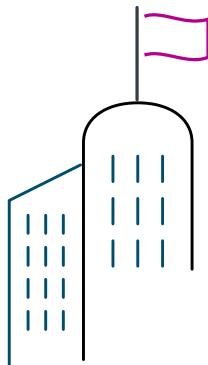
Kuimarisha mfumo wa ufuutiliaji wa Magonjwa Yasiyo ya Kuambukiza yote

Kuwekeza na kutoa kipaumbele utafiti juu kuhusu Magonjwa Yasiyo ya Kuambukiza, na kutafuta ufumbuzi unaofaa ndani ya nchi

Kutengeneza usajili kwa Magonjwa yote Yasiyo ya Kuambukiza.

## KIWANGO

### Serikali ya Kaunti



## UTETEZI UNAOMBA

Kutoa kipauimbele kwa Magonjwa Yasiyo ya Kuambukiza katika Mipango Jumuishi ya Maendeleo ya Kaunti

Kujumuisha Magonjwa Yasiyo ya Kuambukiza katika bajeti za kaunti na ugawaji wa rasilimali kwa kuyazuia

Kutumia miundo msingi yote ya jamii kwa matumizi ya elimu (kwa mfano mikusanyiko ya kidini, mabaraza, Wafanyakazi wa Afya wa Kujitolea, mashule nk)

Kuhamazisha Wake wa magavana ili kupigana Magonjwa Yasiyo ya Kuambukiza

Kuwapa vikundi nya Watu wanaoishi na Magonjwa Yasiyo ya Kuambukiza zana zinazofaa, ujuzi, na rasilimali

Kuwezesha ushirikishwaji wa kina wa Watu wanaoishi na Magonjwa Yasiyo ya Kuambukiza katika uamuzi na uhakiki wa mchakato ikiwa ni pamoja na mchakato wa bajeti na mipango

Kuwezesha ushiriki wa vijana kupitia miundo inayofaa kwa vijana katika ngazi ya kaunti.

Kutumia mfumo wa ufuutiliaji kwa Magonjwa tofauti Yasiyo ya Kuambukiza.

Kutengeneza usajili kwa Magonjwa yote Yasiyo ya Kuambukiza

Kutetekelawa kwa Sheria ya Ulemavu na kuhakikisha upatikanaji wa huduma ikiwa ni pamoja na vifaa nya kusaidia

## KIWANGO

### Wizara ya Afya Taifa na Kaunti



## UTETEZI UNAOMBA

Kuhakikisha upatikanaji wa huduma bora na kwa wakati unaofaa katika ngazi za chini za mfumo wa afya (Ngazi ya 1 na 2)

Kutoa elimu ya usimamizi wa magonjwa, na ushauri wa ujuzi wa kujitegemea kwa wale walio na Magonjwa Yasiyo ya Kuambukiza

Kuunganisha uchunguzi wa Magonjwa Yasiyo ya Kuambukiza katika huduma na matibabu katika ngazi zote

Madaktari kuwa watetezi wa Watu Wanaoishi na Magonjwa Yasiyo ya Kuambukiza

Kujenga uwezo wa wafanyakazi wa afya kwa kutambua na kutibu Magonjwa Yasiyo ya Kuambukiza ipasavyo

Kuimarisha mifumo ya rufaa

Kupunguza msongamano wa huduma ya juu kwa kuimarisha huduma za msingi katika ngazi za kaunti

Kuwekeza katika kampeni za vyombo nya habari

## KIWANGO

### Mashirika ya Kijamii



## UTETEZI UNAOMBA

Uhamasishaji kuhusu Magonjwa Yasiyo ya Kuambukiza

Kutumia bunge la taifa na mabunge za kaunti kama majukwaa ya kuhakikisha uwajibikaji kuhusu Magonjwa Yasiyo ya Kuambukiza.

Kutoa majukwaa kwa Watu Wanaoishi na Magonjwa Yasiyo ya Kuambukiza ili kuhubiri ushuhuda wao

Kukuza Watu Walio na Magonjwa Yasiyo ya Kuambukiza kutumikia kama mabingwa katika ngazi zote (ngazi za kimataifa, za kikanda, za kitaifa na za kikaunti)

Kujenga uwezo wa Watu Walio na Magonjwa Yasiyo ya Kuambukiza kuwa watetezi na wasemaji wenyewe nguvu

Kuhimiza jitihada za serikali kuingiza Magonjwa Yasiyo ya Kuambukiza katika mipango ya elimu

Kuwapa Watu Wanaoishi na Magonjwa Yasiyo ya Kuambukiza na ujuzi ujuzi wa kuendesha michakato ya uamuzi wa serikali ikiwa ni pamoja na ugawaji wa bajeti

## KIWANGO

### Wabunge

Bunge la Seneti,  
Taifa, Kaunti



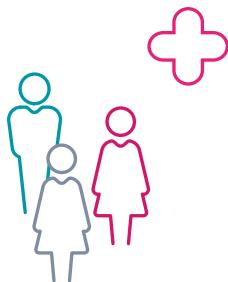
## UTETEZI UNAOMBA

Kuhakikisha sheria thabiti na jumuishi ya Magonjwa Yasiyo ya Kuambukiza

Kutunga sheria moja ya kuzuia na kudhibiti Magonjwa Yasiyo ya Kuambukiza

## KIWANGO

### Makundi ya Watu Wanaoishi na Magonjwa Yasiyo ya Kuambukiza na watu binafsi



## KIWANGO

### Wafanyi Biashara



## UTETEZI UNAOMBA

Kutoa msaada wa rika kwa ngazi mbalimbali

Kuratibu wafanyakazi wa afya na vituo vya afya ili kuepuka kurudia kwa juhudzi za kuongeza rasilimali

Kuvunja ukimya na kushughulikia unyanyapaa na ubaguzi

Kuzingatia matibabu na mazoea bora ya kujitegemea

Kutumia nguvu ya ushuhuda wa binafsi

Kutumia fursa yoyote inayopatikana ili kupambana na ajenda ya Magonjwa Yasiyo ya Kuambukiza

Kuleta mabadiliko katika ngazi ya nyumbani.

## UTETEZI UNAOMBA

Kukuza kujitolea kwa muda mrefu ili kuunga mkono Magonjwa Yasiyo ya Kuambukiza.

**Kuanzisha mipango ya ustawi wa mahali pa kazi**

**Bima ya kibinafsi**

- Kuchunguza mifano ili kuhakikisha upatikanaji wa bima kwa Watu Wanaoishi na Magonjwa Yasiyo ya Kuambukiza

**Sekta ya Madawa**

- Kupunguza gharama za matibabu ili kuwezesha upatikanaji wa matibabu kwa masikini
- Kuunga mkono uimarishaji wa mfumo wa afya
- Kuunga mkono uwezeshaji kwa Watu Wanaoishi na Magonjwa Yasiyo ya Kuambukiza
- Kuwekeza katika upatikanaji na utumizi wa ushahidi

**Waajiri**

- Usalama wa ajira
- Kujadiliana ili kupatikana kwa mifuko bora za bima kwa wafanyakazi wao

## Shukrani

**Ajenda ya Utetezi kwa Watu Wanaoishi na Magonjwa Yasiyo ya Kuambukiza nchini Kenya** iliandaliwa kama sehemu ya ushirikiano wa Muungano wa Taasisi za Magonjwa Yasiyo ya Kuambukiza na Muungano wa Taasisi za Magonjwa Yasiyo ya Kuambukiza nchini Kenya ili kuendeleza mpango wa Maoni Yetu, Sauti Yetu wa Muungano wa Taasisi za Magonjwa Yasiyo ya Kuambukiza katika ngazi ya kitaifa na kukuza ushiriki bora wa Watu Wanaoishi na Magonjwa Yasiyo ya Kuambukiza katika shughulu za magonjwa yasiyo ya kuambukiza nchini Kenya.

Ushirikiano kati ya Muungano wa Taasisi za Magonjwa Yasiyo ya Kuambukiza na Access Accelerated uliwezesha kufanyika kwa warsha ya kitaifa ya siku mbili hapa Nairobi mnamo Machi tarehe 21-22, mwaka wa 2018, ambapo **Ajenda ya Utetezi ya Watu Wanaoishi na Magonjwa Yasiyo ya Kuambukiza nchini Kenya** iliundwaa na kuwasilishwa. Tungependa kuwashukuru wale watu wanaoishi na magonjwa yasiyo ya kuambukiza, ambao kwa kiasi kikubwa walivasilisha maoni yao ili kuunda ajenda hii .

Ushirikiano na Access Accelerated unalenga kukuza ushirikishwaji bora wa Watu Wanaoishi na Magonjwa Yasiyo ya Kuambukiza chini ya mwongozo wa mpango wa Maoni Yetu, Sauti Yetu, ili kusaidia kushughulikia vikwazo vya kufikia madawa ya magonjwa yasiyo ya kuambukiza katika nchi za kipato cha chini na kipato cha katii.

Ajenda ya Utetezi ya kwa Watu Wanaoishi na Magonjwa Yasiyo ya Kuambukiza nchini Kenya ni jitihada za Muungano wa Taasisi za Magonjwa Yasiyo ya Kuambukiza nchini Kenya ili kukabiliana na Ajenda ya Utetezi ya Watu Wanaoishi na Magonjwa Yasiyo ya Kuambukiza, iliyoandaliwa mwaka wa 2017 na Muungano wa Taasisi za Magonjwa Yasiyo ya Kuambukiza, ikiwa na mchango wa ukarimu wa watu 1,893 wanaoishi na magonjwa yasiyo ya kuambukiza, ambao walitoa maoni na ushuhuda wao na kushiriki katika jitihada za kushauriana za mpango wa Maoni Yetu, Sauti Zetu.

Dk. Eva Njenga, Dk. Mary Nyamongo, Dk. Catherine Karekezi, Catherine Munaji, na Muthoni Mwaura wa Muungano wa Taasisi za Magonjwa Yasiyo ya Kuambukiza nchini Kenya walihusika katika kuunda majadiliano ya warsha na kuandaa "maswala muhimu" ya watu wanaoishi na magonjwa yasiyo ya kuambukiza na wahudumu katika rasimu ya kwanza ya **Ajenda ya Utetezi kwa Watu Wanaoishi na Magonjwa Yasiyo ya Kuambukiza nchini Kenya**, ambayo ilipitiwa na washiriki wote wa warsha kabla ya kukamilishwa.

**Ajenda ya Utetezi kwa Watu Wanaoishi na Magonjwa Yasiyo ya Kuambukiza nchini Kenya** imepokea michango ya Cristina Parsons Perez, Tiphaine Lagarde na Manjusha Chatterjee katika Muungano wa Taasisi za Magonjwa Yasiyo ya Kuambukiza. Ajenda ya Utetezi kwa Watu Wanaoishi na Magonjwa Yasiyo ya Kuambukiza inapatikana hapa kwenye tovuti ya Muungano wa Taasisi za Magonjwa Yasiyo ya Kuambukiza.

*Muungano wa Taasisi za Magonjwa Yasiyo ya Kuambukiza nchini Kenya unatoa shukrani kwa Muungano wa Taasisi za Magonjwa Yasiyo ya Kuambukiza katika Afrika Mashariki kwa kuanzisha mpango wa Maoni Yetu, Sauti Yetu nchini Kenya.*

### Maonyesho na Vifupisho

|                |   |
|----------------|---|
| <b>CHV</b>     | Wafanyakazi wa Afya wa Kujitolea                |
| <b>CSOs</b>    | Mashirika ya Kijamii                            |
| <b>M&amp;E</b> | Ufutiliaji & Tathmini                           |
| <b>NCDs</b>    | Magonjwa Yasiyo ya Kuambukiza                   |
| <b>PLWNCDs</b> | Watu Wanaoishi na Magonjwa Yasiyo ya Kuambukiza |
| <b>UHC</b>     | Huduma ya Afya kwa Wote                         |
| <b>UN HLM</b>  | Mkutano wa Ngazi ya Juu wa Umoja wa Mataifa     |
| <b>WHO</b>     | Shirika la Afya Duniani                         |



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